



Ellesmere Port Amateur Swimming Club

Affiliated to the Amateur Swimming Association North West

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www.epasc.co.uk

The Annual General Meeting

The Club AGM was held on March 20th, when Officers of the club gave their reports and elections were held as follows:

Chairman	Matthew Gibbs
Vice-Chairman	Denise Hart
Secretary	Shirley Cooke
Treasurer	Janet Hope
Chief Coach	Les Collier



Elected to the Executive Committee: Colin Bradford, Paula Camborne-Paynter, Sue Hickson, Nikki Hope, Elaine Ludgate, Peter McDonnell, Dawn Read, Warren Read. Malcolm Salisbury remains as our Welfare Officer.

We were sorry to hear that Ray McKay had decided, for personal reasons, not to stand for re-election to the executive committee, but are most grateful that he will continue his very regular commitment to his poolside teaching duties.

Swimmers or parents who wish to contact any one of the club's officers will find their names and e-mails listed on the club notice board.

Dr David Cooke Memorial Gala

In the 100 metres Club Freestyle Championships, Alex Jenkins retained the boys' title, with the girls' title going to Alisha O'Rourke. Over 50 swimmers of all ages took part in the one-length sprints. We are most grateful to the officials, teachers and parents who helped with the organising and running of the gala, and to the parents and friends who gave their enthusiastic support to all the competitors.

Retirement announced

We have received with real regret the retirement of Enid Jeffries, who has served the club most faithfully for over 41 years, She has filled so many roles, as a committee member from 1981, for many years she acted as team manager, then as clothing and badge secretary, while she will always be remembered by the young swimmers as "the sweetie lady" who presided in the foyer at each club session.

A Champion Coach!

We are delighted to report that one of our young teachers, Melanie Rowland, is now the holder of two Liverpool & District Championship titles, in both the 400 metres individual medley and in the 200 metres backstroke. Like all our poolside teachers Melanie is also a fully qualified ASA Teacher.

At the same time we learned that Colin Bradford has recently added the Coach level 1 qualification to his existing ASA Teachers' qualification, while 16 year old Connor Hope has qualified as an ASA Judge level 1.

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The BLDSA One-hour Swim

32 of our swimmers took part in this popular event, when Cerys Hope achieved the longest distance, completing 3893 metres in the hour. Close behind her were Andrew Ferns with 3817 metres while Sarah Hickson and Jack Grierson each topped 3000 metres. With several thousand competitors taking part, some from as far away as Australia and Canada, there is always a significant delay before we receive the final results and the badges, these will be presented on the poolside just as soon as they arrive.

Fund raising

One of our junior swimmers, Lewis Rimmer, hopes to be selected for the World Scout Jamboree in Japan in 2015. In order to raise money to finance this, Lewis made his club mile a sponsored swim and raised £295. He is most grateful to everyone who supported him.

Amateur Swimming Association award

Our Secretary, Shirley Cooke, was recently awarded the ASA Gold Pin, which is given for 15 years on an ASA National committee. In her case this was served on the National Judicial Tribunal and its successor, the IDDRAP. The presentation was made to her by Simon Rothwell, who is the current ASA President.

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The new Pool at Stanney

The new pool, which it appears is to be known as EPSLV has finally started building. We understand it should be completed by Spring 2015. Our officers have been holding discussions with CWaC officers and with Kerry Graham, the Manager of EPIC. There are still many points which require clarification, we are especially con-

cerned that we will be allocated at least as much water time as we have at present.

Did you know that the builders of the new pool have set up a webcam which you can on access on :

www.wates-epslv.no-ip.org

Recent Gala Updates

Congratulations to all our swimmers who achieved medals and placings in recent age groups and open meets, and in particular to the following:

In the keenly contested Liverpool & District Age Groups, Joshua Marsh achieved third place in the 200 metres breaststroke.

In the Peninsular meets in January first places were achieved by Jamie Chesworth (3 golds) Greg Sheen (2 golds) Megan Read (2 golds) and by Sarah Hickson, Adam Chesworth and Joshua Marsh, who each took one gold medal.

In the Holywell Valentine meet first places went to Andrew Ferns, Adam Chesworth and Joshua Marsh, where Joshua also received the "Top Boy" award for 10 year olds.

The Cheshire County Championships have been held over three weekends in March a few Ellesmere Port swimmers had some great personal best swims and have won medals;

Georgia Bell won silver medals in the 50m and 100m Freestyle events, bronze medals in the 50m, 100m and 200m Backstroke events and a bronze medal in the 50m Butterfly. Adam Chesworth won a bronze medal in the 400m IM event. Based on points accrued from their events Georgia was also placed 5th in the and Joshua Marsh was placed 7th in the BAGCAT points.

At the Wrexham Crystal Meet on 23rd March the following swimmers all won medals; Nia Jones, Cassia Williamson, Hannah Hutchinson, Cerys Hope, Adam Chesworth, Joshua Marsh, Jack Grierson, Greg Sheen and Andrew Ferns. Also at this Meet, Joshua Marsh and Cerys Hope won "Speeding Tickets" for exceeding the limit times!

Time Trials in EPIC

A full list of all our competitive events is available to members, but one further event is worth noting: on Saturday September 6th we shall be running 200 metre time trials in all strokes. This is an excellent opportunity for swimmers to obtain times which will qualify them to enter Cheshire County, Liverpool & District and Peninsular events. Look out for the sign-up lists which will be available by mid-July.