



# Ellesmere Port Amateur Swimming Club

Affiliated to the Amateur Swimming Association North West

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www.epasc.co.uk

## Swim21

Accredited

### Welcome to the New Year!

We hope everyone has had a good break and is now ready to get back into training.

Club sessions resumed on Friday 6th January, with land training restarting on Thursday 12<sup>th</sup> January at the Stanney Lane Gym.

We would remind you that annual subscriptions are due and must be paid by 28<sup>th</sup> February otherwise you will not be permitted to take part in any club activity.

If your subscription is not paid by 17<sup>th</sup> March your membership automatically ceases.

### Subscriptions for 2017 are as follows:

Juniors (born 2001 or later)	£70.00
Seniors (born 2000 or earlier)	£50.00
Masters (age 25 or older)	£40.00
Senior non-swim	£12.00

### Sessional fees are :

Juniors & Seniors	£3.00
Masters	£4.90
Land training	£2.00
Saturday mornings (8.00 to 9.00am)	£3.00

### The 45<sup>th</sup> Annual Mile Swim

The Mile was swum on 13<sup>th</sup> November, the best times recorded were:

12 years and under	Leah Stoneley and Jamie Chesworth
13 to 16 years	Sarah Hickson and Alfie Danson
17 to 24 years	Nikki Fraser
25 years and over	Matthew Gibbs

Congratulations to the overall winners, Nikki Fraser and Alfie Danson

### BLDSA One-hour Swim

The One-hour Swim will take place in the EPSV pool on

**Sunday 26th February.** Since we now have only a two hour booking on a Sundays we plan to organise the session as follows: All the usual 6.00pm group will swim as usual, together with any of the 7.00pm group who do not wish to take part in the BLDSA swim. This session will finish at 6.45pm. All swimmers, juniors, seniors and masters who have signed up to take part in the one-hour swim must have reported in on the poolside by 6.30pm, ready to swim just as soon as the previous session finishes. Sign-up lists will be available from early February, the last date for signing will be Sunday 19<sup>th</sup> February . **Late applications will not be accepted.**

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## Ellesmere Port ASC

### Club Kit

Just a reminder ... we have;

Club Swim Caps - £3.50

T-Bag t shirts - £12.00

Polo shirts - £12.00

Pool Goggles - £8.00

EPASC Towels £9.00

All of the above are in stock.

Also available to order are

EPASC Hoodies £15.50

in white or blue

### Swim 21 re-accreditation

We are delighted to report that the club has once again been approved for Accreditation, Our grateful thanks to Peter McDonnell, who co-ordinates all the work this involves.

### County Award for

#### Elaine Ludgate

We are delighted to report that, at the Annual Council Meeting of the Cheshire County Water Polo & Swimming Association, Elaine was awarded the John Wright Salver. The citation for the award stated it was presented 'For Outstanding Service to Cheshire County WP&SA'. The award was made by the County President, Mrs Lesley Fawkes.

### The Arena League

Congratulations to our team which competed in the three rounds of the Arena league.

We finished in third place, which was our best ever placing.

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### The Annual Gala

For the first time the Annual Gala was swum with the automatic recording system in operation. The Colorado system was provided when the pool was opened, but we still needed to purchase the necessary programme to operate this, together with a laptop, printer, carrying bag and all the cables and accessories needed to operate a gala. We applied to the Swim North West Investment Fund and received a "match funding" grant of just over £600, which the Club "matched." The Club is grateful to parents and coaches who are involved in learning how to set up the pool with the timing pads and the Colorado system and then operating it on the night. (If you would like to help out at future galas, please let us know). Many of the swimmers expressed delight on seeing their names and times recorded on the display board after every race. Only the principal awards were made on the gala night, medallists in the individual events were made at the Christmas Disco.

### The awards made at the Gala were:

The Soroptimist Cup (Squad of the year) - Otters

Inter-squad Relay - Otters

Gala winners—Penguins

Presentations were made by the Soroptimist President, Mrs Silk.

### Awards made at the Christmas Disco

Medals from the Annual Gala were awarded (for the first time at the Disco), then the annual awards.

### Annual Awards

Best 10 years & under: Erin Hardy and Isaac Morris

Best 11/12 years Isabelle Thane and Jamie Chesworth

Best 13/24 years Cerys Hope and Jack Grierson

Masters Amy Welsh and Matthew Gibbs

### Individual Medley trophies

10 years & under Ellen Carberry and Connor Waterworth

11/12 years Isabelle Thane and Thomas Riley

13 years and over Faye Chesworth and Alfie Danson

### Land Training trophies:

Megan Read and Alex Ursoi

### Annual General Meeting

The Club AGM will be held on Wednesday 29<sup>th</sup> March. All senior and Master swimmers, and all non-swimming senior members, are entitled to attend and to vote, providing their 2017 annual subscription has been paid. At this meeting we vote for the club Officers and for the Executive Committee members for 2017. Any senior, master or non-swimming member is entitled to be proposed for the Executive, provided he/she has been a member for at least 12 months. Nomination forms will be available shortly and must be returned to the Honorary Secretary before the date of the meeting.

*Don't forget to check out the club website:  
[www.epasc.co.uk](http://www.epasc.co.uk)*

