

CODE OF CONDUCT

Objective and Scope

The purpose of this document is to establish a set of guidelines and procedures which outline the responsibilities and behaviour of both staff and swimmers who are members of Ellesmere Port Amateur Swimming Club. It is expected that the principles of the Code of Conduct should be followed at all events and training sessions.

Code of Conduct

Behaviour and Personal Conduct must at all times be of a high standard and reflect favourably on the sport, and the Club. Swimmers must not engage in bullying either physical or verbal. Language in all situations must always be appropriate and socially acceptable foul or abusive language is **not** acceptable.

Incidents of behaviour such as; abuse of changing room facilities, climbing over changing room cubicles, loutish behaviour, swearing and general disregard for each other, within the club, and for service users of the Ellesmere Port Sports Village (EPSV) **is not acceptable.** Young members of the club regard their older peers as role models and bad behaviour in front of our younger members is inappropriate and unacceptable. Such behaviour is a breach of this code.

Consumption of Alcohol is totally forbidden for athletes under age as defined by UK law. It must not be consumed by swimmers or staff members whilst en route, prior to, or following a training session, competition event or team activities, without specific consent of the Team Manager. During competition alcohol is strictly forbidden to all swimmers and staff.

Smoking including e-cigarettes/vaping: is prohibited by swimmers and staff whilst en route, prior to, during or following a competition event, training session or team activities. You are reminded that under UK law smoking is age restricted and not allowed in enclosed public places.

Personal Appearance: shall be appropriate to the circumstances, swimwear shall comply with ASA regulations. At competition only Club approved kit, including swim caps/ hats, is to be worn. At official team functions and other times appearance shall be as notified by the Team Manager.

Attendance should be regular to ensure skill development and progression. Punctuality on all occasions is essential.

When attending gala's swimmers shall remain with the team and Team Managers at all times, unless given specific permission to be / go elsewhere.

Illegal and Performance Enhancing Drugs and Substances are strictly forbidden. Swimmers are expected to be aware of the current list of banned substances and particular care must be exercised if anyone is on medication prior to or during a meet.

Illegal Drugs and Substances: The use of these, even though they may not appear on the official banned list in respect of performance enhancing drugs, is nonetheless prohibited.

Medication: It is important that information on all medication being currently taken should be reported. All swimmers shall complete the Clubs Medical Declaration form. Any changes must be immediately notified to the Club.

Sanctions: Breaches of the Code of Conduct shall be dealt with in the first instance by the Team Manager or Coach. He/she shall report the incident to the Welfare Officer of the club



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who shall take such further action as is deemed necessary under the club disciplinary procedure.

Travel: When travelling to away galas or functions on transport provided by the Club, swimmers will be under the control of the Team Manager or other duly appointed official. Swimmers shall respect and obey instructions given by the appointed officials.

In addition, it is expected that all members of Ellesmere Port Amateur Swimming Club, when attending any event or training session shall:

- Comply with the codes, rules and laws within the guidelines set out by the ASA
- Behave without discrimination on the grounds of race, colour, language, religion, birth or social status as set out in the equal opportunities policy.
- Respect the basic human rights, worth and dignity of each member.
- Not encourage swimmers, volunteers, officials or parents to violate the rules of the club or the sport.
- Observe the authority and the decisions of all officials.
- Encourage all swimmers to obey the spirit of the rules and laws both in and out of the pool.
- Treat other competitors and teams with respect, in victory and defeat.

All Club and Wavepower Codes of Conduct are available on the club website www.EPASC.co.uk

Breach of Code of Conduct:

If a member is reported to have behaved in a way that would be a breach of the code of conducts the following initial steps may be taken:

1. Their parents will be informed immediately.
2. The officers of the club, in collaboration with the welfare officer, will consider through the appropriate method if the allegations are proven to be true.
3. If the action is proven and is a breach of the code of conduct, then the member may be considered for disciplinary action as laid out in the disciplinary procedure which can include temporary suspension.



(please detach and return)

I agree to be bound by the codes of conduct of EPASC and Swim England.

Name (please print)

Signed Date

For members under 18 years

As the parent/carer of the above named member, I hereby confirm that I have explained to them the contents and implications of this Code of Conduct.

Signed (parent/carer) Date
EPASC 09-05-2023