

Club Activity Risk Assessment

CLUB	ELLESMERE PORT ASC	LOCATION	Ellesmere Port Sports Village [EPSV]		
ACTIVITY	POOL TRAINING EPSV	Assessors Name and Position	P. McDonnell Teacher	Date Assessed	23rd September 2023

Potential Hazard People Impacted	Existing Control Measures	Likelihood L=1 to 5	Severity S=1 to 5	Risk 0 to 25	Preventative Measures	Action By Whom	Action By When	Date Completed
Under Qualified Teaching / Coaching staff.	Follow Swim England Coaching Policy All Teachers / Coaches and Poolside helpers to hold current DBS and SGCP.	1	3	3	Coaching lead by Club Coach with correct qualifications.	Club Committee	Ongoing	
All participants Risk of Injury and lack of progress	Teachers / coaches to deliver sessions at a level within the scope of their qualifications	1	3	3	Level 2 person must be on poolside for session to be held.	Club Committee	Ongoing	
	Teachers & Coaches are encouraged to undertake further CPD training funded by the club.	2	2	4	Notifications of upcoming events and courses circulated by training officer.	Club Committee / Training Officer	Ongoing	
Club Coach Abnormal non-availability All participants Risk of Injury and lack of progress	Abnormal non-availability a Level 2 teacher to supervise training, with level 1 coach using pre-set session schedules developed by club head coach. There is no effect on teaching lanes.	2	2	4	Level 2 person must be on poolside for session to be held. Coaching by Level 1 coaches.	Club Head Coach.	Ongoing	
Club Coach Planned Non-availability All participants Risk of Injury and lack of progress	Planned non-availability a Level 2 teacher to supervise teaching only session, with assistance of level 1 coaches / teachers. Session delivery at a level within the scope of their qualifications.	2	2	4	Alternate solutions; request assistance from other clubs within the Peninsular Network in supporting sessions with a loaned level 2 coach holding current DBS and SGCP. Cancel session.	Club Head Coach.	Ongoing	
Excessive swimmer numbers. All participants Risk of Injury	Follow SE Safe Supervision guidelines. Bathing load of Pool is 60 persons. Lanes normally limited to 8 swimmers per lane.	1	3	3	Facility NOP & EAP reviewed by pool operator and club notified. Check Teacher / Coach/ lifeguard presence prior to starting.	All Teachers & coaches.	Ongoing	

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Obstruction / tripping hazards on poolside. Risk of Injury All participants	Visual Inspection of pool area prior to start.	1	3	3	Keep swimming aids tidy during course of session.	All Teachers & coaches.	Ongoing	
Poolside lighting is acceptable level Risk of Injury All participants	Visual Inspection of pool area prior to start. Ensure lighting is adequate prior to starting.	2	2	4	Continued observation during training session. In event of failure swimmers to exit pool following coaches' instructions.	All Teachers & coaches.	Ongoing	
Water level is at normal operating level. Risk of Injury Swimmers	Visual Inspection of pool prior to start. Pool depth at shallow end is 1.0m. No diving at shallow end of pool.	2	2	4	If water level drops review activities, no tumble turns at shallow end below 0.9m.	All Teachers & coaches.	Ongoing	
Drowning Swimmers	All swimmers attend an assessment prior to joining club. They will only undertake activities that they can safely complete. Lifeguards are on duty at all times. Safety equipment accessible around all sides of the pool	1	5	5	Coaches stay vigilant for sudden injury/illness affecting swimmer.		Ongoing	
Compliance with normal operating procedures at pool Risk of Injury All participants	Usual pool prohibitions – no running, blocking exits with bags etc. Poolside induction for Coaches & Teachers {see induction record sheet}	2	2	4	Awareness of NOP rules at the venue; Support Pool Staff in enforcement; Storage lockers provided in changing area. Poolside Conduct notice displayed on poolside.	All Club Poolside personnel in consultation with Lifeguards & Pool Staff	Ongoing	
Obstruction / tripping hazards on poolside. Risk of Injury All participants	Visual Inspection of pool area prior to start.	1	3	3	Keep swimming aids tidy during course of session.	All Teachers & coaches.	Ongoing	
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Compliance with normal operating procedures at pool Risk of Injury All participants	Usual pool prohibitions – no running, blocking exits with bags etc. Poolside induction for Coaches & Teachers {see induction record sheet}	2	2	4	Awareness of NOP rules at the venue; Support Pool Staff in enforcement; Storage lockers provided in changing area. Poolside Conduct notice displayed on poolside	All Club Poolside personnel in consultation with Lifeguards & Pool Staff	Ongoing	
Swimmer injury / pool incident – not supervised. Swimmers, Coaches and poolside staff.	Ensure pool is laid out with lane ropes & backstroke flags before commencing session. Ensure Lifeguards are on poolside before allowing swimmers onto poolside.	2	4	8	Ensure control measures are followed and control swimmer access. Re-enforce rules for poolside conduct prior to session.	All Teachers & coaches.	Ongoing	
Participant injury Swimmers, Coaches and poolside staff.	Sessions set to swimmers' ability by lane to prevent injury / exhaustion. Pool deck to be kept tidy during sessions. Provision of emergency first aid assistance by pool operator staff. Summoning external assistance when required	2	3	6	Know procedure for calling assistance, BRIO centre staff will take charge of incident. First Aid room is adjacent small pool and spectator entrance door. Ensure incident is recorded in club records. Serious Injury to be reported to club insurers	All Club Poolside personnel with Lifeguards & Pool Staff	Ongoing	
Ensure safety of warm-up Risk of Injury Swimmers	No diving; control safe numbers per lane; backstroke flags in place etc. Swim lane direction displayed at pool end – odd number lanes clockwise, even number lanes anti-clockwise.	1	3	3	Strictly control entry for warm up. Awareness of swimmers in water and entry from poolside – any other potential hazards. Control direction of swim in each lane, lane direction cards in place.	All Club Poolside personnel & staff	Ongoing	

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Swimmer injury due to collision. Risk of Injury Swimmers	Ensure pool is laid out with lane ropes & backstroke flags before commencing session. Control direction of swim in each lane direction cards to be used.	2	3	6	Re-enforce Lane etiquette prior to session. Do not allow swimmers to hang on lane ropes, they may snap.	All Club Poolside personnel & staff	Ongoing	
Swimmer Diving Risk of Injury Swimmers	Strict observance of club training procedure for progression before shallow racing diving. Swimmers instructed to continue swim away from blocks and not to return to start end. No diving at shallow end of pool.	2	4	8	Swimmers must be confident at shallow diving in deep water. Retain records of competent shallow dive swimmers. Diving is not allowed if water depth is below 1.35m	All Teachers & coaches.	Ongoing	
Dehydration and overheating 1. Swimmers and poolside workforce	Swimmers and workforce encouraged to stay hydrated. Water and air temperatures must be within pool guidance for the session to take place.	2	3	6	Urine colour charts displayed at coaching end of pool.	Swimmers and Poolside personnel & staff	Ongoing	
Known health issues / disabilities 1. All members 2. Risk of medical episode i.e. asthma attack, epilepsy etc.	All members (athletes and workforce) will have completed membership forms with medical information disclosed. Any required medication should be easily accessible.	2	3-4	6-8	Sessions/activities/tasks may need to be altered accordingly. Members to inform club of any changes to their health.	All Members	Ongoing	
Exiting Pool - Slips and falls Swimmers	Exercise extra care when exiting the pool over raised starting and turning platforms at the ends of the pool.	2	2	4	Swimmers not to cross into other lanes to exit pool, by side, without permission of lane teacher / coach of the receiving lane.	All Club Poolside personnel & staff	Ongoing	

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End of session falls All participants	Pool prohibitions – no running, swimmers not to splash & throw water. Ensure swimmers leave poolside safely at end of session. Remove lane ropes & backstroke flags and store safely. Ensure poolside is clear before Lifeguard leaves poolside. Roller Shutter is closed (lifeguard duty	3	2	6	Teacher / coach to control exit of lane.	All Club Poolside personnel & staff	Ongoing	
Pool Technical Issues. Fire Alarm, power failure etc. Risk of Injury All participants	Leisure centre staff are in control of facility and will instruct all participants. Teachers and Coaches follow pool EAP procedure.	1	5	5	Teachers and coaches to support Leisure centre Staff in evacuation if required.	All Teachers & coaches. Leisure Centre Staff	Ongoing	
Shared Facilities public presence in pool during session. Swimmers	Additional lifeguard on duty for public lanes	2	3	6	Continued observation during training session. Awareness of general rules and NOP at the venue; Support Pool Staff in enforcement.	All Teachers & coaches. Facility lifeguards.	Ongoing	
Shared Change Facilities due to public presence. Swimmers	Follow ASA Wavepower Changing room policy and welfare officer review.	2	3	6	Be conscious when swimmers leave the pool to attend toilet and if concerned if fail to return in good time seek assistance.	All Teachers & coaches. Leisure Centre Staff	Ongoing	

(Score Likelihood & Severity from 1 to 5: Likelihood – 1 = Improbable, 5 = Frequent; Severity – 1 = Negligible, 5 = Catastrophic)

Assessor:

P. McDonnell

Assessment Date:

23/9/2023

Signed

Date

Review Date: January 2024